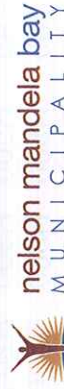


### General race information:

1. Organised in accordance with the rules and regulations of ASA and EPA.
2. Athletes must run in official club colours with 2017 licence numbers on the front and back of the vest and official race number on the front of the vest.
3. Athletes who are not licensed members of a club affiliated to ASA must purchase a temporary license to be worn on the back of vest or plain coloured T-shirt, with the official race number on the front of the vest/T-shirt.
4. Temporary licenced athletes are covered by ASA group insurance applicable for race day only and it is compulsory to complete the temp number tear off strip and hand in to registration tables.
5. Age category tags must be worn on front and back of your vest if you wish to qualify for category prizes.
6. Athletes may be requested to provide proof of age on race day.
7. The race committee reserves the right to accept or reject any entry.
8. The Prize Giving will commence at 09h00.
9. Entries may be handed in at Brian Bands, The Footballer, Action Sports, Sportsworld or Brocketts in Uitenhage. The closing date for pre-entries will be Wednesday 13 September 2017.
10. Online entries are available on [www.whereinpe.co.za](http://www.whereinpe.co.za) and online entries will close on Tuesday 12 September 2017. EFT payments only.
11. No cheques will be accepted.
12. Collection of race numbers (pre-entries) and late entries will be accepted at the race venue from 17h00 until 19h00 on Friday 15 September and from 05h00 on the morning of the race. Entry fees are non-refundable.
13. The no seconding rule will apply. No private vehicles will be allowed on the route to second athletes.
14. There will be four refreshment stations on the 15km route and one refreshment station on the 5km route. Refuse bins will be provided along the route. Please discard used water sachets into or near to these bins.
15. A receipt slip may be required in the case of any discrepancy with pre-entries.
16. A tog bag storage facility will be available.
17. The venue is an alcohol free zone.
18. Full results will be available on [www.whereinpe.co.za](http://www.whereinpe.co.za) website.



# GELVANDALE

15km ROAD RACE & 5km FAMILY RUN/WALK

## 16 September 2017



nelson mandela bay  
M U N I C I P A L I T Y

Gelvandale Stadium

Liebenberg Road, Gelvandale

Starting times: 15km – 06h30  
5km – 06h45

**T-SHIRTS TO THE FIRST 200 ENTRIES**

**PARTICIPATION AND PRESTIGE LEAGUE**

Organized by Gelvan AC and X-Cel RC

**Vouchers to the top three schools with more than 20 entries in the 5km**



NATIONAL LOTTERIES COMMISSION  
LOTTO FUNDED





**GELVANDALE**  
15km ROAD RACE & 5km FAMILY RUN/WALK

16 September 2017

**ENTRY FORM**

Tick the appropriate block: 15km (06h30)  5km (06h45)

2017 Licence No : ..... Club: .....

Name of School if scholar: .....

Surname: ..... Name : .....

ID No: ..... Date of Birth: ...../...../.....

Gender: ..... Age : ..... Phone Cell : .....

Email Address: .....

I declare that I will abide by the rules of ASA and EPA and will obey traffic officers and officials at all times. I am medically fit and participate at my own risk and will not hold EPA, host club or sponsors liable for any claim, loss or injury incurred as a result of my participation in the event race.

15km	R60.00	R.....
15km (60 – 69 years)	R30.00	R.....
15km (70 years or older)	FREE	
Temporary License	R30.00	R.....
5km Run/Walk	R20.00	R.....
Total		R.....

Signature: .....(Parent or Guardian if minor)



**nelson mandela bay**  
M U N I C I P A L I T Y

**15km road race**

Competitors must be 15 years of age or older on race day. The race starts at 06h30. The official cut off time is 09H00.

**5km Family Run**

The 5km Family run starts at 6h45. Cut off time is at 8h00. Race numbers must be attached to vest or T-shirts and be visible at all times. Competitors must be 9 years or older. Incentives on offer to the top three schools with the most finishers (minimum of 30). Winning school with get R5000 vouchers, R3000 for second and R2000 for third.

**Medals**

Gold medals to the first 5 men and ladies as well as the winners of the different age categories. Silver medals will be awarded to the next 150 athletes and bronze medals to all finishers within the cut-off for the 15km races. Medals to ALL finishers in the 5km event.

**Lucky Draw Prizes**

All entrants are eligible and must be present to win!

**Prize money for 15km - Men & Women**

	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>
Open	R2000	R1500	R750	R500	R300
Junior	R500	R300	R200		
35 – 39	R500	R300	R200		
40 - 49	R500	R300	R200		
50 - 59	R500	R300	R200		
60 - 69	R500	R300	R200		
70+	R500	R300	R200		
Walkers	R500	R300	R200		



**ENQUIRIES:** For further information on the event, contact Keith (0832893429), Deon (072111354) or Dean (0823994722)

**DIRECTIONS AND PARKING:**

Follow Standford Road until you reach the Gelvandale Pool and Stadium. Parking access from Liebenberg road and field next to swimming pool in Beetlestone Road. Please obey parking marshal directions.

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M U N I C I P A L I T Y