

MEDALS

to all finishers

PRIZES AND MEDALS

| | OPEN | JNR | 35-39 | 40-49 | 50-59 | 60-69 | 70+ | 5km | WALKER |
|---|------------------------|-------|-------|-------|-------|-------|------|------|--------|
| 1 | MALE / FEMALE R2000 | R500 | R 500 | R500 | R500 | R400 | R400 | R300 | R300 |
| 2 | MALE / FEMALE R1500 | R 400 | R 400 | R400 | R400 | R300 | R300 | R200 | R200 |
| 3 | MALE / FEMALE R1000 | R300 | R300 | R300 | R300 | R200 | R200 | R100 | R100 |
| 4 | MALE / FEMALE R600 | R200 | R200 | R200 | R200 | | | | |
| 5 | MALE / FEMALE R400 | R100 | R100 | R100 | R100 | | | | |

R1000 KING & QUEEN OF THE HILL

LUCKY DRAW PRIZES

Winners must be present at the draw to receive a prize should their name be drawn. All entrants qualify for lucky draw prizes.

IMPORTANT INSURANCE

Athletes registered with EPA are covered by a Group Personal Accident Insurance Scheme while participation in the Road Race. Details obtained from the EPA offices or your Club. This cover does not extend to athletes running with temporary licences. Temporary licenced athletes are covered by ASA Insurance scheme, applicable for race day only. Completion of the tear off slip is compulsory. There will be a separate table for individual athletes to enter.



Galaxy **BINGO**
GAMING • ENTERTAINMENT

Heartbreak Hill

21.1km & 5km fun run
29 JULY 2017

Rotary
Club of PE West



Starting times: 21.1km - 06h30 | 5km - 07h00

LIVE MUSIC • BAR FACILITY • FOOD STALLS • JUMPING CASTLE • MINI CAR RIDES

Galaxy **BINGO**
GAMING • ENTERTAINMENT

Heartbreak Hill

21.1km & 5km fun run
29 JULY 2017

FREE
ASICS RUNNING
SHIRT TO THE
FIRST 200
ENTRANTS

**LUCKY DRAWS: TAKKIES & BEST DRIVE VOUCHERS UP FOR GRABS
R1000 KING & QUEEN OF THE HILL**



CHARLO ATHLETIC CLUB

Rotary PE West will be the beneficiary of the Galaxy Bingo Heartbreak Hill

This is a Prestige/Participation League Event

Start & Finish: Italian Club, Harold Road, Charlo



HALF MARATHON 21.1KM / 5KM

entry form



PLEASE TICK THE APPROPRIATE BLOCK:

MALE FEMALE 21.1KM 5KM

LICENCE NUMBER: _____

SURNAME: _____

FIRST NAME: _____

CLUB IN FULL: _____

DATE OF BIRTH: _____

AGE ON RACE DAY: _____

ID NUMBER: _____

POSTAL ADDRESS: _____

I declare that I will abide by the rules and regulations of ASA and EPA and will obey traffic officers and officials at all times. I am medically fit and participate at my own risk and will not hold the organisers, EPA or the sponsors liable for any claim, loss or injury incurred as a result of my participation in the event.

I undertake to yield to traffic if I am still on the road after 3 hours and 30 minutes.

SIGNATURE (PARENT IF UNDER 18)

LICENSED ATHLETES 65 YEARS AND OLDER ENTER FOR A REDUCED PRICE IN 21.1KM ONLY

| | |
|---|----------|
| 21.1 KM ENTRY FEE: R80.00 (65 + yrs Reduced Price R40.00) | R |
| 5 KM ENTRY FEE: R30.00 | R |
| TEMP. LICENCE (ONLY 21.1KM): R30.00 | R |
| TOTAL | R |

GENERAL RULES

- Race held under the rules of ASA and the EPA. Athletes indemnify the National, Provincial and Regional Bodies, sponsors and organisers against all and any action of whatsoever nature, whatever same may be, arising out of their participation in the race.
- Races will start and finish at the Italian Club, Harold Road, Charlo, Port Elizabeth. 21.1km-6h30 & the 5km- 07h00 on Saturday 29 July 2017.
- Club colours and 2017 licence number on front and back of the vest (21.1km).
- Temporary licence for 21.1km will be on sale at R30.00.
- Temporary licenced athletes must wear the issued number on the front of a plain vest or T-shirt.
- Age category tags to be worn to qualify for age category prizes and medals. Runners using a temporary licence shall produce proof of age on race day to qualify for prizes.
- Competitors must be 16 years of age or older. (21KM ONLY) (9 Years of age or older 5km).
- No personal seconding allowed.
- All traffic officers and marshals must be obeyed at all times.
- Runners still on the road after 3 hours and 30 minutes will be regarded as non-finishers.
- Late entries taken and numbers collected at The Italian Club on Friday, 28 July 2017, from 17h00 – 19h00 as well as at the start on the morning of the race from 05h00 onwards.
- No earphones allowed.
- Closing date for Pre-entries is 26 July 2017 at the following sports shops:
 Footballer – Newton Park Action Sports – Summerstrand
 Brian Bands Sports – Cape Road Sportsworld – Newton Park
 Brocketts Sports – Uitenhage Sportsmans Warehouse – Moffett Retail Park
- Results will be available on the internet at www.whereinpe.co.za
- Distance markers every 1 km. Refuse bins are available on the route. **Please discard** used water sachets into these bins.
- There will be water point +/- every 3km and litter bins at every water point.
- Walkers are welcome to start at 06h30.
- Walker tag to be worn to be eligible for a prize.

General Enquiries:

Eusentha Pillay 084 665 0910 | Wayne Cherry 082 653 3227

Toilet facilities available.

